IMMINENT MISSILE THREAT OR NUCLEAR BLAST

GET INSIDE. STAY INSIDE. STAY TUNED.

PREPARE

Build an emergency supply kit and create Identify potential structures you can seek a family and workplace emergency plan. Remember to include your pets in your planning.

shelter in. Concrete buildings or basements are the safest but can include a inner windowless area of a building.

DURING

Take immediate action without delay.

If you are indoors, stay indoors and away from windows.

If you are outdoors, seek immediate shelter in a building, preferably concrete.

If you are driving, pull safely to the side of the road and seek shelter in a nearby building. Lie flat on the ground and take cover behind anything that might offer protection.

Do not look at the flash of light. It can damage your eyes.

Stay inside even if you are separated from your family. Being inside is the safest place. Expect to stay inside for at least 24 hours, possibly up to 14 days.

Do not pick up your children from schools until you are directed. Schools have emergency plans and children will be safer in school buildings. Schools will not open their doors if they are sheltering.

If you were caught outdoors during the blast:

Get clean as soon as possible. Remove your outer layer of clothing. Take a shower as soon as possible with soap and water. Do not scrub or scratch skin.

If you cannot take a shower, use wipes to clean off any skin that was not covered by clothing.

AFTER

Listen to a local radio or television station for official information. A battery operated radio is essential in case power is interrupted.

Stay inside until officials tell you it is safe to leave.

REMEMBER

Time: Fallout radiation loses its intensity with time. The greatest impact is the first 14 days.

Distance: The more distance between you and the fallout particles, the better. Stay away from the outdoors and exterior walls

Shielding: The denser the materials you can take cover behind, the better. Concrete and brick provide more shielding than wood structures.